Teaching sequence

Phase 2

s Make a sunrise motion with both palms facing forward

a Hold your hand up like holding an apple

t Turn hand from side to side as if turning a tap

p Pretend to puff out candles

i Wriggle fingers by head as if antenna

n Hold arms out as if you are a plane

m Rub tummy

d Beat thumbs up and down as if playing a drum

g Pretend to stroke a goatee beard

o Wave your arms at your sides like tentacles

c Raise hands and snap fingers as if playing castanets

k Mime turning a key in a lock

ck Mime throwing a sack over your shoulder

e Make a truck using your arm

u Pretend to be putting up an umbrella

r Move your arms like a robot

h Hold hand in front of mouth panting as if you are out of breath

b Pretend to hit a ball with a bat

f Fan face with your hand

l Pretend to lick a lollipop

Phase 3

j Pretend to wobble like jelly on a plate

v Pretend to be holding the steering wheel of a van

w Blow on to open hand, as if you are the wind

x Move your hand away from your face to mime a fox snout

y Pretend to be eating a yoghurt

z Pretend to zip up a coat

zz Put arms out at sides and pretend to be a bee

qu Make a duck´s beak with your hands

ch Mime chopping action with one hand on your opposite palm

sh Place index finger of lips

th Thumbs up

ng Put a crown on your head

ai Cup one hand over opposite fist and extend two fingers on fist and say ai, ai snail in the rain

ee Look with hand above your eyes and say ee, ee, what can I see

igh Extend your arm, open your hand like a star and say igh, igh light up the night

oa Wave your hand like the waves and say oa, oa goat on a boat

oo Flap your hand under your nose and say oo, oo, poo at the zoo (long oo sound)

oo Open hands as if opening a book and say oo, oo look at the book (short oo sound)

ar Pretend to turn the key in the ignition and say ar, ar start the car

or Pretend to push a door shut and say or, or shut the door

ur Move your flat hand from left to right and say ur, ur turn in the surf

ow Put your thumbs to your head and extend your little fingers to make cow horns and say ow, ow brown cow

oi Circle your fingers in the palm of your other hand saying oi oi coin in the soil

ear Pull on your ear and say ear, ear what can I hear?

air Put your hand on your hip and say air, air that’s not fair

ure Place your index finger and thumb together with other fingers extended and say ure, ure sure it’s pure

er Rub both your arms and say er, er bitter winter